

Citywest ETNS

Active Fortnight Journal



This is me playing my favourite sport



Name: _____

Age: _____

Class: _____



Day	Morning	Afternoon	Evening
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			



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Week 2

Day	Morning	Afternoon	Evening
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			



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Draw / insert a picture of the many different activities you take part in during Active Week.

A large, empty rectangular box with a blue border, intended for students to draw or insert a picture of activities they participate in during Active Week.



Answer these Questions at the end of Active Fortnight:

1. Did you enjoy Active Fortnight? Why / Why Not?

2. What was your favourite activity during Active Fortnight?

**3. If you could add a new activity for the next Active Fortnight, what would it be?
Describe the activity.**

4. Why is it important to be active every day?



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Draw a picture of your favourite Activity

A large, empty rectangular area with a blue border, intended for drawing a picture of a favorite activity.

